# SOFTWARE

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# A software tool for applying Bayes' theorem in medical diagnostics



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# Abstract

**Background** In medical diagnostics, estimating post-test or posterior probabilities for disease, positive and negative predictive values, and their associated uncertainty is essential for patient care.

**Objective** The aim of this work is to introduce a software tool developed in the Wolfram Language for the parametric estimation, visualization, and comparison of Bayesian diagnostic measures and their uncertainty.

**Methods** This tool employs Bayes' theorem to estimate positive and negative predictive values and posterior probabilities for the presence and absence of a disease. It estimates their standard sampling, measurement, and combined uncertainty, as well as their confidence intervals, applying uncertainty propagation methods based on first-order Taylor series approximations. It employs normal, lognormal, and gamma distributions.

**Results** The software generates plots and tables of the estimates to support clinical decision-making. An illustrative case study using fasting plasma glucose data from the National Health and Nutrition Examination Survey (NHANES) demonstrates its application in diagnosing diabetes mellitus. The results highlight the significant impact of measurement uncertainty on Bayesian diagnostic measures, particularly on positive predictive value and posterior probabilities.

**Conclusion** The software tool enhances the estimation and facilitates the comparison of Bayesian diagnostic measures, which are critical for medical practice. It provides a framework for their uncertainty quantification and assists in understanding and applying Bayes' theorem in medical diagnostics.

**Keywords** Bayesian diagnosis, Bayes' theorem, Prevalence, Prior probability, Post-test probability, Posterior probability, Likelihood, Positive predictive value, Negative predictive value, Parametric distribution, Combined uncertainty, Measurement uncertainty, Sampling uncertainty, Probability density function, Disease, Diabetes mellitus

# Introduction

# Medical diagnosis

Diagnosis in medicine is fundamentally the process of identifying a disease by analyzing its unique characteristics through abduction, deduction, and induction [1]. The term 'diagnosis', originating from the Greek ' $\delta_{i}$  ( $\delta_{i}$ ) (

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<sup>1</sup> Hellenic Complex Systems Laboratory, Kostis Palamas 21, 66131 Drama, Greece meaning 'discernment' [2], underscores the critical role of distinguishing between healthy and diseased states in individuals. Diagnosis can be defined as the stochastic mapping of symptoms, signs, as well as laboratory and medical imaging findings onto a particular disease condition, based on medical knowledge.

# Threshold based diagnosis

Diagnostic tests or procedures are often applied to classify individuals into diseased or nondiseased populations in a binary manner. Although the probability distributions of measurands from a quantitative diagnostic test in these populations may overlap, results are



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*Diagnostic accuracy measures* To ensure patient safety, the correctness of this classification must be rigorously evaluated. Although numerous diagnostic accuracy measures are described in the literature, only a few are routinely used in clinical research and practice to assess the diagnostic accuracy of threshold-based tests [6]. These include the prevalence-dependent positive and negative predictive values, defined conditionally on the test outcome.

#### **Bayesian diagnosis**

Bayes' theorem [7, 8] plays a pivotal role in medical diagnostics by transforming the pre-test or prior probability for a disease into a post-test or posterior probability after considering diagnostic test results [4, 7, 9–12]. This theorem connects the posterior probability P(H|E) of a hypothesis H being true given specific evidence E to the likelihood P(E|H) of observing the evidence E given that hypothesis H is true [13].

*Bayesian inference* In purely Bayesian inference, the process begins with a prior distribution representing initial beliefs about the parameters of interest before observing any evidence. This prior distribution is then updated with the likelihood function—which represents the probability of the observed evidence given different parameter values—using Bayes' theorem to obtain the posterior distribution [10].

*a) Prior distribution* The prior distribution embodies the beliefs held by researchers about parameters before seeing the evidence. Priors can be informative, weakly informative, or diffuse, depending on the level of certainty or uncertainty they reflect.

*b) Likelihood function* The likelihood function describes the probability of the observed evidence given various parameter values. It is essential in updating the prior distribution to form the posterior distribution.

*c) Posterior distribution* The posterior distribution results from combining the prior distribution and the

likelihood function. It reflects the updated understanding of the parameters after considering the observed evidence.

*d) Workflow* The typical Bayesian workflow involves:

- a. *Specifying the prior distribution* Defining initial beliefs about the parameters based on prior knowledge or assumptions.
- b. *Determining the likelihood function* Modeling how likely the observed data is, given different parameter values.
- c. *Computing the posterior distribution* Applying Bayes' theorem to update the prior distribution with the likelihood function.
- d. *Model checking and refinement* Assessing the model's fit and making necessary adjustments.
- e. *Sensitivity analysis* Evaluating how sensitive the results are to changes in the prior assumptions or model specifications.

These steps ensure the robustness of Bayesian inference.

*Empirical Bayesian methods* The empirical Bayesian approach simplifies the purely Bayesian framework by using available data to estimate the prior distribution, making it practical when prior information is sparse or unavailable [14, 15]. Instead of specifying a fixed prior distribution, the empirical Bayesian method treats the prior as an unknown quantity to be estimated from this data. This approach is particularly suitable for medical diagnostics, where real-time data integration is crucial.

The typical empirical Bayesian workflow involves:

- a) *Data collection and preliminary analysis* Gathering a large dataset and performing statistical analyses to understand the distributions and characteristics of available data.
- b) *Estimating prior distributions* Using empirical data to estimate prior distributions and probabilities through methods such as maximum likelihood estimation.
- c) Applying Bayes' theorem

Computing posterior probabilities by combining the estimated prior distributions and probabilities with the likelihood function, thereby incorporating the observed data.

This method allows for adaptive updating of beliefs based on available data, enhancing the applicability of Bayesian methods in practical settings where prior information may be limited.

#### Uncertainty

Uncertainty reflects imperfect or incomplete information. When quantifiable, it can be expressed using probability [16]. In our empirical Bayesian approach, we integrate frequentist methods for uncertainty quantification due to their established reliability and ease of implementation in clinical settings [17].

#### Measurement uncertainty

Due to the intrinsic variability of measurements, measurement uncertainty is defined as a 'parameter associated with the result of a measurement, that characterizes the dispersion of the values that could reasonably be attributed to the measurand.' This measurement uncertainty concept supplants the traditional notion of total analytical error [18].

# Sampling uncertainty

Diagnostic measures are derived from screening or diagnostic tests applied to population samples. The variability within these samples contributes to the overall uncertainty of the measures [19]. This intrinsic heterogeneity is present even when simple random sampling techniques are employed [20].

# Uncertainty of diagnostic accuracy measures and Bayesian posterior probabilities

Previous studies have explored the uncertainty associated with diagnostic accuracy measures and the posterior probabilities for disease derived from Bayes' theorem, demonstrating that this uncertainty can significantly impact their clinical usefulness [21, 22]. Estimating, evaluating, and mitigating this uncertainty are critical tasks in medical diagnosis.

#### **Bayesian diagnostic measures**

This project introduces a novel software tool designed for the parametric estimation and visualization of four diagnostic measures derived from Bayes' theorem, along with their associated uncertainty:

a) Positive predictive value and negative predictive value [11].

b) Posterior probability for disease and its complement, posterior probability for the absence of disease.

To the best of our knowledge, this is the first publication that compares these four Bayesian diagnostic measures mentioned above and their associated uncertainty.

# Methods

# Calculations

# Calculation of Bayesian diagnostic measures

Bayes' theorem relates the probability P(H|E) of a hypothesis H being true given observed evidence E to the inverse probability P(E|H) of observing E given that H is true. It is expressed as:

$$P(H|E) = \frac{P(E|H)P(H)}{P(E)} = \frac{P(E|H)P(H)}{P(E|H)P(H) + P(E|\overline{H})P(\overline{H})}$$

where  $\overline{H}$  represents the negation of hypothesis H. Substituting back into Bayes' theorem:

$$P(H|E) = \frac{P(E|H)P(H)}{P(E|H)P(H) + P(E|\overline{H})(1 - P(H))}$$

In medical diagnostics, Bayes' theorem provides a robust framework for updating the probability of a disease (hypothesis H) being present given new evidence E (such as test results). By combining prior knowledge (pre-test probability) with new data (test results), Bayesian methods offer a comprehensive approach to the medical diagnostic process.

*Positive and negative predictive value* Let D denote the presence and  $\overline{D}$  the absence of a disease,  $F_D(x|\theta)$  the cumulative distribution function (CDF) of the test measurements T in individuals with the disease,  $F_{\overline{D}}(x|\theta)$  the CDF in individuals without the disease, and v the prevalence or prior probability for disease. The positive predictive value of a diagnostic test T for a diagnostic threshold t is calculated as:

$$P(D|T \ge t) = \frac{(1 - F_D(t|\boldsymbol{\theta}))\nu}{(1 - F_D(t|\boldsymbol{\theta}))\nu + (1 - F_{\overline{D}}(t|\boldsymbol{\theta}))(1 - \nu)}$$

Similarly, the negative predictive value is:

$$P(\overline{D}|T < t) = \frac{F_{\overline{D}}(t|\boldsymbol{\theta})(1-\nu)}{\left(1 - F_{\overline{D}}(t|\boldsymbol{\theta})\right)(1-\nu) + F_{D}(t|\boldsymbol{\theta})\nu}$$

In these equations,  $1 - F_D(t|\theta)$  represents the sensitivity of the test at threshold *t* and  $F_{\overline{D}}(t|\theta)$  its specificity.

These measures assess the test's ability to correctly identify diseased and nondiseased individuals based on the threshold t.

Posterior probability for disease and the absence of disease Let  $f_D(x|\theta)$  denote the probability density function (PDF) of the test measurements *T* in individuals with the disease,  $f_{\overline{D}}(x; \theta)$  the PDF in individuals without the disease, and *v* the prevalence or prior probability for disease. The posterior or post-test probability for disease given a diagnostic test result T = t is:

$$P(D|T = t) = \frac{f_D(t|\boldsymbol{\theta})\nu}{f_D(t|\boldsymbol{\theta})\nu + f_{\overline{D}}(t|\boldsymbol{\theta})(1-\nu)}$$

Similarly, the posterior or post-test probability for the absence of disease is:

$$P(\overline{D}|T = t) = \frac{f_{\overline{D}}(t|\theta)(1-\nu)}{f_{\overline{D}}(t|\theta)(1-\nu) + f_{D}(t|\theta)\nu}$$
$$= 1 - P(D|T = t)$$

These posterior probabilities provide a continuous assessment of disease likelihood based on the test measurement t, rather than dichotomizing the results using a threshold.

#### Uncertainty quantification

Uncertainty in input parameters can be represented as standard uncertainty u(t), which is the standard deviation of t, and expanded uncertainty U(t), which defines a range around t with a specified probability p [23].

*Measurement uncertainty* Measurement uncertainty is estimated according to "Guide to the Expression of Uncertainty in Measurement" (GUM) [24] and "Expression of Measurement Uncertainty in Laboratory Medicine" [23]. Bias is considered a component of this uncertainty [25]. The relation between the standard measurement uncertainty  $u_m(t)$ , and the value of the measurement t, is typically represented as [20]:

$$u_m(t) = \sqrt{b_0^2 + b_1^2 t^2}$$

where  $b_0$  and  $b_1$  are constants.

For a linear approximation, it is expressed as [20]:

$$u_m(t) \cong b_0 + b_1 t$$

Sampling uncertainty of means and standard deviations Standard uncertainty of means and standard deviations is estimated utilizing the central limit theorem and the chi-square distribution [26–28] as:

$$u_s(m_P) \cong \frac{s_P}{\sqrt{n_P}}$$

$$u_s(s_P) \cong \frac{s_p}{\sqrt{2(n_P-1)}}$$

where  $m_P$  and  $s_P$  are the mean and standard deviation of measurements in a population sample of size  $n_P$ .

Sampling uncertainty of prevalence or prior probability for disease Given the numbers  $n_D$  and  $n_{\overline{D}}$  of diseased and nondiseased individuals in a population sample, the standard uncertainty of the prevalence or prior probability for disease  $v = \frac{n_D}{n_{\overline{D}} + n_D}$  is approximated as:

$$u_{s}(\nu) \cong \sqrt{\frac{(2+n_{\overline{D}})(2+n_{D})}{\left(4+n_{\overline{D}}+n_{D}\right)^{3}}}$$

using the Agresti–Coull adjustment of the Waldo interval [29].

*Measures combined uncertainty* When there are *l* independent and uncorrelated components of uncertainty, each with standard uncertainty  $u_i(t)$ , then their standard combined uncertainty  $l_{l}u_{c}(t)$  is calculated as [23]:

$${}_l u_c(t) = \sqrt{\sum_{i=1}^l (u_i(t))^2}$$

If the components are correlated, then [24]:

$${}_{l}u_{c}(t) = \sqrt{\sum_{i=1}^{l} \sum_{j=1}^{l} u_{i}(t)u_{j}(t)\rho_{ij}(t)}$$

where  $\rho_{ij}(t)$  is the correlation coefficient between the uncertainties  $u_i(t)$  and  $u_j(t)$ .

The standard combined uncertainty of the Bayesian diagnostic measures are computed via uncertainty propagation rules, employing a first-order Taylor series approximation [30] (refer to Supplemental File II: BayesianDiagnosticInsightsCalculations.nb). Assuming uncorrelated parameters, we use the following formula to compute uncertainty propagation [24]:

$${}_{l}u_{c}(t) = \sqrt{\sum_{i=1}^{l} \left(\frac{\partial g(t|\boldsymbol{\theta})}{\partial x_{i}}\right)^{2} (u_{i}(t))^{2}}$$

where  $g(t|\theta)$  is a Bayesian diagnostic measure with a parameter vector  $\theta = (x_1, x_2, ..., x_l)$ ,  ${}_{l}u_c(t)$  is the standard combined uncertainty of  $g(t|\theta)$ , and  $u_i(t)$  is the standard uncertainty of  $x_i$  at t.

The estimated standard uncertainty of the Bayesian diagnostic measures is truncated to the [0, 1] range.

*Measures expanded uncertainty* The effective degrees of freedom  $_{l}v_{eff}(t)$  for the combined standard uncertainty  $_{l}u_{c}(t)$  with l components  $u_{i}(t)$  with  $v_{i}$  degrees of freedom

$${}_{l}v_{eff}(t) \cong \frac{({}_{l}u_{c}(t))^{4}}{\sum_{i=1}^{l} \frac{(u_{i}(t))^{4}}{v_{i}}}$$

It can be shown that if  $v_{min}$  the minimum of  $v_1, v_2, \ldots, v_l$ , then :

$$v_{min} \leq l v_{eff}(t) \leq \sum_{i=1}^{l} v_i$$

The expanded combined uncertainty  $U_c(t)$  at a confidence level p is estimated as:

$$U_{c}(t) \cong \left(F_{v}^{-1}\left(\frac{1-p}{2}\right)_{l}u_{c}(t), F_{v}^{-1}\left(\frac{1+p}{2}\right)_{l}u_{c}(t)\right)$$

where  $F_{\nu}^{-1}(z)$  is the inverse CDF of the Student's *t*-distribution with  $\nu = l \nu_{eff}(t)$  degrees of freedom and  $l u_c(t)$  is the standard combined uncertainty of the Bayesian diagnostic measure.

Consequently, the confidence interval of t at the same confidence level p is approximated as:

$$CI_p(t) \cong \left( x + F_{\nu}^{-1} \left( \frac{1-p}{2} \right)_l u_c(t), x + F_{\nu}^{-1} \left( \frac{1+p}{2} \right)_l u_c(t) \right)$$

The estimated confidence intervals of the Bayesian diagnostic measures are truncated to the [0, 1] range.

# The software

# Program overview

The software program *Bayesian Diagnostic Insights* was developed using the Wolfram Language with Wolfram Mathematica<sup>®</sup> Ver 14.1 (Wolfram Research, Inc., Champaign, IL, USA). It facilitates the estimation and comparison of Bayesian diagnostic measures. This interactive program is designed to estimate and plot the values, standard sampling uncertainty, measurement uncertainty, combined uncertainty, and confidence intervals of Bayesian diagnostic measures for a screening or diagnostic test (refer to Figs. 1 and 2).

The program is freely accessible as a Wolfram Language notebook (.nb) (Supplemental File I: BayesianDiagnosticInsights.nb). It can be executed using Wolfram Player<sup>®</sup> or Wolfram Mathematica<sup>®</sup> (refer to Appendix A.3). The intricate nature of the required computations necessitates substantial computational resources.

#### Input parameters

Parametric distributions Users can select the distributions of the measurements for diseased and nondiseased populations from a predefined list of univariate parametric distributions:

- a) Normal distribution
- b) Lognormal distribution
- c) Gamma distribution.

*Bayesian diagnostic measures* Users select the Bayesian diagnostic measures to be evaluated from the following options:

- a) The positive predictive value P(D|T > t)
- b) The negative predictive value  $P(\overline{D}|T < t)$
- c) The posterior probability for disease P(D|T = t)
- d) The posterior probability for the absence of disease  $P(\overline{D}|T = t)$

**Definition of populations and samples parameters and statistics** For each population, users define the mean  $\mu$  and the standard deviation  $\sigma$  of the measurements (in arbitrary units), along with the prior probability or prevalence  $\nu$  of disease.

For each population sample, users define its size n, the mean m, and the standard deviation s of the measurements (in arbitrary units).

*Measurement uncertainty* Users select a linear or a nonlinear equation to describe the measurement uncertainty as a function of the measurement value t. They define the constant contribution  $b_0$  to the standard measurement uncertainty, the proportionality constant  $b_1$ , and the number  $n_U$  of quality control (QC) samples analyzed for its estimation.

For more details about the program's input, please refer to Appendix A2.

# Output

The program generates plots and tables detailing the diagnostic measures, including their standard sampling uncertainty, measurement uncertainty, combined uncertainty, and associated confidence intervals. By providing this extensive array of input parameters, output plots, and tables, the program offers a platform for exploring and comparing Bayesian diagnostic measures and their uncertainty using univariate parametric distributions of medical diagnostic measurands.

More detailed documentation of the program's interface is provided in Supplemental file III: BayesianDiagnosticInsightsInterface.pdf



Fig. 1 A simplified flowchart of the program Bayesian Diagnostic Insights



Fig. 2 A screenshot of the program Bayesian Diagnostic Insights

	Diabetic Participants			Nondiabetic Participants		
	Dataset	LD	ID	Dataset	$L_{\overline{D}}$	$I_{\overline{D}}$
n	154	-	-	822	-	-
Mean (mg/dl)	120.7	120.7	120.7	102.6	102.6	102.6
Median (mg/dl)	117.0	119.4	118.1	102.0	102.1	101.5
Standard Deviation (mg/dl)	19.1	17.8	17.7	10.9	10.7	10.7
Mean standard measurement uncertainty (mg/dl)	1.665	1.665	0	1.473	1.473	0
Skewness	1.448	0.446	0.448	0.523	0.315	0.314
Kurtosis	6.354	3.355	3.360	3.445	3.177	3.176
p-value (Cramér-von Mises test)	-	0.294	0.562	-	0.281	0.260

Table 1 Descriptive statistics of the datasets and the estimated lognormal distributions of the diabetic and nondiabetic participants

#### Illustrative case study

As previously described [22], we conducted an illustrative case study to demonstrate the program's application. We used fasting plasma glucose (FPG) as the diagnostic test measurand for the Bayesian diagnosis of diabetes mellitus (hereafter referred to as "diabetes"), with the oral glucose tolerance test (OGTT) serving as the reference method. Diabetes was diagnosed if the plasma glucose value was equal to or greater than 200 mg/dL, measured two hours after the oral administration of 75g of glucose during an OGTT (2-hour PG) [33]. The study focused on individuals aged 70 to 80 years, reflecting the significant correlation between age and diabetes prevalence [34].

Data was collected from the National Health and Nutrition Examination Survey (NHANES) participants from 2005 to 2016 (n = 60,936), as previously described [22]. NHANES is a comprehensive survey assessing the health and nutritional status of adults and children in the United States [35].

The inclusion criteria were valid FPG and OGTT results (n = 13,836), no prior diabetes diagnosis [36] (n = 13,465), and age 70–80 years (n = 976).

Participants with a 2-h PG measurement  $\geq 200 \text{ mg/dl}$  were classified as diabetic (n = 154).

The prevalence or prior probability for diabetes, along with the probability distributions for fasting plasma glucose (FPG) in both diabetic and nondiabetic participants, were estimated using empirical Bayes' methods [37]. We estimated the prevalence or prior probability for diabetes as follows:

$$\nu \cong \frac{154}{976} = 0.158$$

The FPG datasets statistics are presented in Table 1 (hereafter, FPG and its uncertainty are expressed in mg/dl).

Lognormal distributions were employed to model FPG measurements in diabetic and nondiabetic participants using the maximum likelihood estimation method [38]. Parametrized for their means  $m_D$  and  $m_{\overline{D}}$ , and standard deviations  $s_D$  and  $s_{\overline{D}}$ , were defined as:

$$L_D = Lognormal(m_D, s_D) = Lognormal(120.671, 17.791)$$

$$L_{\overline{D}} = Lognormal(m_{\overline{D}}, s_{\overline{D}}) = Lognormal(102.642, 10.747)$$

QC data for FPG measurements from NHANES for the same period (2005–2016) included 1350 QC samples. Nonlinear least squares regression [39, 40] applied to the QC data provided the following function for standard measurement uncertainty  $u_m(t)$  relative to the measurement value t:

$$u_m(t) = \sqrt{b_0^2 + b_1^2 t^2} = \sqrt{0.6600 + 0.00014t^2}$$

where  $b_0 = 0.8124$  and  $b_1 = 0.0119$ .

We estimated the means of the standard measurement uncertainty of FPG in the diabetic and nondiabetic participants as follows:

$$\widehat{u}_D \cong 1.665 \text{ mg/dl}$$
  
 $\widehat{u}_{\overline{D}} \cong 1.473 \text{ mg/dl}$ 

Consequently, we estimated the distributions of the measurements, assuming negligible measurement uncertainty, as:

$$d_{D} \cong Lognormal\left(m_{D}, \sqrt{s_{D}^{2} - \hat{u}_{D}^{2}}\right)$$
$$\cong Lognormal(120.671, 17.713)$$
$$d_{\overline{D}} \cong Lognormal\left(m_{\overline{D}}, \sqrt{s_{\overline{D}}^{2} - \hat{u}_{\overline{D}}^{2}}\right)$$
$$\cong Lognormal(102.642, 10.747)$$

Table 1 presents the descriptive statistics of the estimated lognormal distributions for diabetic and nondiabetic participants and the respective *p*-values from the Cramérvon Mises goodness-of-fit test [41]. This test assesses the goodness-of-fit by comparing the empirical CDFs of the measurement samples with those of the estimated distributions. The calculated *p*-values indicate that any observed differences between the empirical data and the estimated distributions can be attributed to random sampling variability, suggesting that the lognormal distributions provide an acceptable fit to the FPG measurements in both groups.

Figures 3 and 4 show the estimated PDFs of FPG in the diabetic and nondiabetic participants, assuming a lognormal distribution and negligible measurement uncertainty, along with the histograms of the respective NHANES datasets.

Likelihoods and posterior probabilities were estimated accordingly.

#### Results

The results of applying the program to the illustrative case study data are presented in Figs. 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, and the program settings are detailed in Tables 2 and 3.

#### Measures

Figure 5 displays the plots of:

a) Positive predictive value  $P(D|T \ge t)$  of FPG for diabetes versus threshold value  $t \pmod{dl}$  (orange curve). The curve is smooth, increasing monotonically, and

approximately sigmoidal.  $P(D|T \ge t)$  is asymptotically equal to the prevalence of diabetes for lower values of *t*, then rises rapidly to approach an asymptote at 1.00.

b) Posterior probability for diabetes versus FPG value t (mg/dl) (blue curve). The curve is smooth, approximately double sigmoidal. For t = 86.7 mg/dl, P(D|T = t) has a minimum value of 0.04. P(D|T = t), is asymptotically equal to 1.00 for very low and very high values of t, decreasing rapidly to its minimum before increasing rapidly again.

Figure 6 presents the plots of:

- a) The negative predictive value  $P(\overline{D}|T < t)$  of FPG for diabetes versus threshold value  $t \pmod{d}$  (orange curve). The curve is smooth and unimodal, with a maximum value of 0.96 at t = 91.0 mg/dl.  $P(\overline{D}|T < t)$  is asymptotically equal to 0.00 for lower values of t, then rises rapidly to its maximum and becomes asymptotically equal to  $1.00 \nu$ , where  $\nu$  the prevalence of diabetes.
- b) The posterior probability  $P(\overline{D}|T = t)$  for the absence of diabetes versus FPG value  $t \pmod{dl}$  (blue curve). The curve is smooth, unimodal, and approximately double sigmoidal. For an FPG value t = 86.7 mg/dl,  $P(\overline{D}|T = t)$  has a maximum value of 0.96.  $P(\overline{D}|T = t)$ is asymptotically equal to 0.00 for lower and higher values of t.



# Histogram and PDF of FPG in diabetic participants

Fig. 3 The estimated PDF of the FPG (mg/dl) in diabetic participants, assuming a lognormal distribution and negligible measurement uncertainty, and the histogram of the respective NHANES dataset, with the distribution parameters in Table 2



**Fig. 4** The estimated PDF of the FPG (mg/dl) in nondiabetic participants, assuming a lognormal distribution and negligible measurement uncertainty, and the histogram of the respective NHANES dataset, with the parameters of the distribution in Table 2



Fig. 5 Positive predictive value and posterior probability for diabetes versus FPG value t (mg/dl) curves plot, with the program's settings in Table 2

# Additionally:

- a) For t = 67.0 mg/dl, we have  $P(D|T \ge t) = P(D|T = t) = 0.158 = v$
- b) For t < 67.0 mg/dl, we have  $P(D|T \ge t) < P(D|T = t)$ ,
- c) For t > 67.0 mg/dl, we have  $P(D|T \ge t) > P(D|T = t)$ .
- d) For t = 91.0 mg/dl, we have  $P(\overline{D}|T < t) = P(\overline{D}|T = t) = 0.96$ .
- e) For t < 91.0 mg/dl, we have  $P(\overline{D}|T < t) < P(\overline{D}|T = t)$
- f) For t > 91.0 mg/dl, we have  $P(\overline{D}|T < t) > P(\overline{D}|T = t)$ .

As shown in Figs. 7 and 8, for an FPG value t = 126.0 mg/dl and varying prevalence  $0.0 < \nu < 1.0$ :

- a) Both  $P(D|T \ge t)$  and P(D|T = t) curves are smooth, starting from a probability asymptotically equal to 0.00, monotonically increasing as prevalence increases.
- b) Both  $P(\overline{D}|T < t)$  and  $P(\overline{D}|T = t)$  curves are smooth, starting from a probability asymptotically equal to 1.00, monotonically decreasing as prevalence increases.



Fig. 6 Negative predictive value for diabetes and posterior probability for the absence of diabetes versus FPG value t (mg/dl) curves plot, with the program's settings in Table 2



P(D|T≥t) and P(D|T=t) vs prevalence of disease v

**Fig. 7** Positive predictive value and posterior probability for diabetes versus prior probability or prevalence of diabetes v curves plot for an FPG value t = 126 mg/dl, with the other program settings in Table 2

c) It is observed that  $P(D|T \ge t) > P(D|T = t)$  and  $P(\overline{D}|T < t) > P(\overline{D}|T = t)$ .

Figure 9 shows a table of the Bayesian diagnostic measures for an FPG value t = 126 mg/dl, the established threshold for the diagnosis of diabetes [42], assuming normal, lognormal, and gamma distributions of FPG.

# Uncertainty

Figure 10 shows the plots of:

- a) The standard sampling, measurement, and combined uncertainty of the positive predictive value for diabetes versus FPG value *t* (mg/dl). The curves are smooth and unimodal.
- b) The standard sampling, measurement, and combined uncertainty of the posterior probability for diabetes versus FPG value t (mg/dl). The curves are smooth and bimodal.

Figure 11 shows the plots of:



**Fig. 8** Negative predictive value for diabetes and posterior probability for the absence of diabetes versus prior probability or prevalence of diabetes v curves plot, for an FPG value t = 126 mg/dl, with the other settings of the program in Table 2

diagnostic measures						
measureme	ents distribution	measure				
diseased	nondiseased	P(D T≽t)	P(D T=t)	P(Ū∣T <t)< td=""><td>P(D T=t)</td></t)<>	P(D T=t)	
normal	normal	0.833	0.542	0.895	0.458	
	lognormal	0.771	0.509	0.894	0.491	
	gamma	0.790	0.516	0.894	0.484	
lognormal normal		0.823	0.527	0.891	0.473	
	lognormal	0.758	0.494	0.890	0.506	
	gamma	0.778	0.501	0.890	0.499	
gamma	normal	0.827	0.532	0.892	0.468	
	lognormal	0.763	0.498	0.892	0.502	
	gamma	0.783	0.505	0.892	0.495	

Fig. 9 Table of positive predictive value, posterior probability, and negative predictive value for diabetes, and posterior probability for the absence of diabetes, for an FPG value t = 126 mg/dl, with the other settings of the program in Table 2

- a) The standard sampling, measurement, and combined uncertainty of the negative predictive value for diabetes versus FPG value *t* (mg/dl). The curves are smooth and unimodal.
- b) The standard sampling, measurement, and combined uncertainty of the posterior probability for the absence of diabetes versus FPG value t (mg/dl). The curves are smooth and bimodal.

In the assessment of the combined standard uncertainty of posterior probability for diabetes  $u_c[P(D|T = t)]$ and for the absence of diabetes  $u_c[P(\overline{D}|T = t)]$ :

- a) They are equal.
- b) They are substantially affected by the measurement uncertainty of FPG.



Fig. 10 Standard sampling, measurement, and combined uncertainty of the positive predictive value and posterior probability for diabetes versus FPG value *t* (mg/dl) curves plot, with the program's settings in Table 3



Fig. 11 Standard sampling, measurement, and combined uncertainty of the negative predictive value for diabetes and posterior probability for the absence of diabetes versus FPG value t (mg/dl) curves plot, with the program's settings in Table 3

- c) Two local maxima are observed, corresponding to the regions near the steepest segments of the posterior probability curves, which exhibit an approximately double sigmoidal configuration. The maxima are quantitatively approximated as follows:
  - a. At an FPG value of t = 58.5 mg/dl, the combined standard uncertainty is 0.898 mg/dl, where P(D|T = t) = 0.581 and  $P(\overline{D}|T = t) = 0.419$ .
- b. At an FPG value of t = 133.1 mg/dl, the combined standard uncertainty is 0.190 mg/dl, where P(D|T = t) = 0.726 and  $P(\overline{D}|T = t) = 0.274$ .
- c. The standard combined uncertainty  $u_c[P(D|T \ge t)]$ of the positive predictive value for diabetes of FPG has a maximum value of 0.150 mg/dl for t = 126.0 mg/dl, where  $P(D|T \ge t) = 0.758$ .
- d. The standard combined uncertainty  $u_c[P(\overline{D}|T < t)]$  of the negative predictive value for diabetes has a maximum value of 0.900 mg/dl for t = 58.5 mg/dl, where  $P(\overline{D}|T < t) = 0.321$ .



Fig. 12 Confidence intervals of the positive predictive value and posterior probability for diabetes versus FPG value t(mg/dl) curves plot, with the program's settings in Table 3



Fig. 13 Confidence intervals of the negative predictive value and posterior probability for the absence of diabetes versus FPG value t (mg/dl) curves plot, with the program's settings in Table 3

e. This pattern indicates heightened uncertainty in the regions where the diagnostic measures curves have their most pronounced inflections (Figs. 5 and 6).

# In addition:

- a) For t = 95.7 mg/dl, we have  $u_c[P(D|T \ge t)] = u_c[P(D|T = t)] = 0.013 \text{ mg/dl}$ , while  $P(D|T \ge t) = 0.193$ and P(D|T = t) = 0.049.
- b) For t = 126.7 mg/dl, we have  $u_c[P(D|T \ge t)] = u_c[P(D|T = t)] = 0.149 \text{ mg/dl}$ , while  $P(D|T \ge t) = 0.774$  and P(D|T = t) = 0.517.

- c) For 0 < t < 95.7 mg/dl and t > 126.7 mg/dl we have  $u_c[P(D|T \ge t)] < u_c[P(D|T = t)].$
- d) For 95.7 mg/dl < t < 126.7 mg/dl we have  $u_c[P(D|T \ge t)] > u_c[P(D|T = t)]$
- e) For t = 59.1 mg/dl, we have  $u_c \left[ P(\overline{D}|T < t) \right] = u_c \left[ P(\overline{D}|T = t) \right] = 0.887 \text{ mg/dl}$ , while  $P(\overline{D}|T < t) = 0.362$ and  $P(\overline{D}|T = t) = 0.463$ .
- f) For t = 103.8 mg/dl, we have  $u_c \left[ P(\overline{D}|T < t) \right] = u_c \left[ P(\overline{D}|T = t) \right] = 0.015 \text{ mg/dl}$ , while  $P(\overline{D}|T < t) = 0.947$  and  $P(\overline{D}|T = t) = 0.921$ .



**Fig. 14** Standard sampling, measurement, and combined uncertainty of the positive predictive value and posterior probability for diabetes versus prior probability or prevalence of diabetes v curves plot, for an FPG value t = 126 mg/dl, with the other settings of the program in Table 3



Fig. 15 Standard sampling, measurement, and combined uncertainty of the negative predictive value for diabetes, and posterior probability for the absence of diabetes versus prior probability or prevalence of diabetes v curves plot, for an FPG value t = 126 mg/dl, with the other settings of the program in Table 3

- g) For 0 < t < 59.1 mg/dl and t > 103.8 mg/dl we have  $u_c \left[ P(\overline{D}|T < t) \right] < u_c \left[ P(\overline{D}|T = t) \right].$
- h) For 59.1 mg/dl < t < 103.8 mg/dl we have  $u_c \left[ P(\overline{D}|T < t) \right] > u_c \left[ P(\overline{D}|T = t) \right].$

The confidence intervals are affected accordingly (refer to Figs. 12 and 13):

- a) The confidence intervals of Bayesian posterior probability P(D|T = t) for diabetes (blue curves) are narrower for both lower and higher values of *t*.
- b) The confidence intervals of positive predictive value  $P(D|T \ge t)$  (orange curves) narrow considerably for lower values of *t*.
- c) The confidence intervals of Bayesian posterior probability  $P(\overline{D}|T = t)$  for the absence of diabetes (blue curves) are wider at the extremes of the *t* spectrum.



**Fig. 16** Confidence intervals of the positive predictive value and posterior probability for diabetes versus prior probability or prevalence of diabetes v curves plot, for an FPG value t = 126 mg/dl, with the other settings of the program in Table 3



**Fig. 17** Confidence intervals of the negative predictive value for diabetes and posterior probability for the absence of diabetes versus prior probability or prevalence of diabetes v curves plot for an FPG value t = 126 mg/dl, with the other settings of the program in Table 3

d) The confidence intervals of negative predictive value  $P(\overline{D}|T < t)$  (orange curves) are wide at lower *t* values, to become considerably narrower at higher values.

For an FPG value t = 126 mg/dl, Figs. 14 and 15 show the plots of the standard sampling, measurement, and combined uncertainty of positive predictive value, the posterior probability for diabetes, the negative predictive value, and the posterior probability for the absence of diabetes versus prior probability or prevalence of diabetes v. The combined uncertainty of the diagnostic measures is substantially affected by the measurement uncertainty of FPG. The curves are unimodal, with maxima approximately:

- a) For v = 0.055,  $u_c[P(D|T \ge t)] = 0.205 \text{ mg/dl}$  where  $P(D|T \ge t) = 0.493$ .
- b) For v = 0.158,  $u_c[P(D|T = t)] = 0.141 \text{ mg/dl}$  where P(D|T = t) = 0.494.
- c) For v = 0.631,  $u_c \left[ P(\overline{D} | T < t) \right] = 0.023 \text{ mg/dl}$ where  $P(\overline{D} | T < t) = 0.471$ .
- d) For v = 0.158,  $u_c [P(\overline{D}|T = t)] = 0.141 \text{ mg/dl}$ where  $P(\overline{D}|T = t) = 0.506$ .

standard uncertainty						
	prevalence of disease v = 0.158					
measure	point estimation	standard uncertainty				
		combined	measurement	sampling		
P(D T≽t)	0.758	0.149	0.147	0.029		
P(D T=t)	0.494	0.141	0.136	0.036		
P(Ū T <t)< td=""><td>0.890</td><td>0.011</td><td>0.006</td><td>0.010</td></t)<>	0.890	0.011	0.006	0.010		
P(D T=t)	0.506	0.141	0.136	0.036		

Fig. 18 Table of the sampling, measurement, and combined uncertainty of the Bayesian diagnostic measures for an FPG value t = 126 mg/dl, with the other program settings in Table 3

95.00% confidence intervals					
prevalence of disease v = 0.158					
measure	point estimation	lower bound	upper bound		
P(D T≽t)	0.758	0.465	1.000		
P(D T=t)	0.494	0.217	0.770		
P(Ū∣T <t)< td=""><td>0.890</td><td>0.868</td><td>0.912</td></t)<>	0.890	0.868	0.912		
P(D  T=t)	0.506	0.230	0.783		

Fig. 19 Table of the confidence intervals of the Bayesian diagnostic measures for an FPG value t = 126 mg/dl, with the other settings of the program in Table 3

The local maxima indicate heightened uncertainty in regions where the diagnostic measures curves have their most pronounced inflections (refer to Figs. 7 and 8).

Additionally:

- a) For v = 0.173 we have  $u_c[P(D|T \ge t)] = u_c[P(D|T = t)] = 0.141 \text{ mg/dl}, \quad P(D|T \ge t) = 0.777 \text{ mg/dl} \text{ and } P(D|T = t) = 0.521.$
- b) For 0 < v < 0.173 we have  $u_c[P(D|T \ge t)] > u_c[P(D|T = t)].$
- c) For  $0.173 < \nu < 1.0$  we have  $u_c[P(D|T \ge t)] < u_c[P(D|T = t)].$
- d) For 0 < v < 1.0 we have  $u_c \left[ P(\overline{D}|T < t) \right] < u_c \left[ P(\overline{D}|T = t) \right]$ .

Notably, the combined uncertainty of the negative predictive value is considerably less than the combined uncertainty of the posterior probability for the absence of diabetes.

The confidence intervals are adjusted accordingly (refer to Figs. 16 and 17):

a) The confidence intervals of Bayesian posterior probability P(D|T = t) for diabetes (Fig. 16, blue curves), positive predictive value  $P(D|T \ge t)$  (Fig. 16, orange curves), Bayesian posterior probability  $P(\overline{D}|T = t)$  for the absence of diabetes (Fig. 17, blue curves) and negative predictive value  $P(\overline{D}|T < t)$  (Fig. 17, orange curves) are narrowest at both lower and higher prevalences.

**Table 2**The settings of the program *Bayesian Diagnostic Insights*for Figs. 5, 6, 7, 8 and 9

	Units	Figures <mark>5- 6</mark>	Figures 7- 8	Figure 9
t	mg/dl	32.0-210.0	126.0	126.0
$\mu_D$	mg/dl	120.7	120.7	120.7
$\sigma_D$	mg/dl	17.7	17.7	17.7
$\mu_{\overline{D}}$	mg/dl	102.6	102.6	102.6
$\sigma_{\overline{D}}$	mg/dl	10.7	10.7	10.7
V		0.158	0.001-0.999	0.158
$d_D$		lognormal	lognormal	normal lognormal gamma
$d_{\overline{D}}$		lognormal	lognormal	normal lognormal gamma

- b) The confidence intervals of  $P(D|T \ge t)$  (Fig. 16, orange curves) are generally narrower than those of P(D|T = t) (Fig. 16, blue curves).
- c) The confidence intervals of  $P(\overline{D}|T < t)$  (Fig. 17, orange curves) are considerably narrower than those of  $P(\overline{D}|T = t)$  (Fig. 17, blue curves).

Figures 18 and 19 present tables of Bayesian diagnostic measures for FPG measurements at the diabetes diagnostic threshold t = 126 mg/dl, following the American Diabetes Association (ADA) guidelines. The standard for diagnosing diabetes used in this study is OGTT with a 200 mg/dl threshold. The limited concordance between these two diagnostic thresholds is evident from the point estimations and their associated uncertainty. For an FPG diagnostic threshold t = 126 mg/dl:

- a)  $P(D|T \ge t) = 0.758$ , with a confidence interval of (0.465 1.000).
- b) P(D|T = t) = 0.494, with a confidence interval of (0.217 0.770).
- c)  $P(\overline{D}|T < t) = 0.890$ , with a confidence interval of (0.868 0.912).
- d)  $P(\overline{D}|T = t) = 0.506$ , with a confidence interval of (0.230 0.783).

# Therefore:

- a)  $P(D|T = t) < P(D|T \ge t)$
- b) The sizes of the confidence intervals of  $P(D|T \ge t)$  and P(D|T = t) are comparable.
- c) There is a considerable overlap between the confidence intervals of  $P(D|T \ge t)$  and P(D|T = t).
- d)  $P(\overline{D}|T = t) < P(\overline{D}|T < t)$
- e) The size of the confidence interval of  $P(\overline{D}|T < t)$  is considerably less than the size of the confidence interval of  $P(\overline{D}|T = t)$ .
- f) There is no overlap between the confidence intervals of  $P(\overline{D}|T < t)$  and  $P(\overline{D}|T = t)$ .

In addition, the table with the standard uncertainty of the Bayesian diagnostic measures of Fig. 18 shows that for t = 126 mg/dl, measurement uncertainty is the main component of their combined uncertainty.

All the figures provided by the program about the illustrative case study data are presented in Supplemental file IV: BayesianDiagnosticInsightsFigures.pdf.

Table 3 The settings of the program Bayesian Diagnostic Insights for Figs. 10, 11, 12, 13, 14, 15, 16, 17, 18 and 19

	Units	Figures 10- 11	Figures 12-13	Figures 14- 15	Figures 16- 17	Figure 18	Figure 19
p		-	0.95	-	0.95	-	0.95
t	mg/dl	32.0-210.0	32.0-210.0	126.0	126.0	126.0	126.0
$m_D$	mg/dl	120.7	120.7	120.7	120.7	120.7	120.7
s <sub>D</sub>	mg/dl	17.7	17.7	17.7	17.7	17.7	17.7
n <sub>D</sub>		154	154	-	-	154	154
$m_{\overline{D}}$	mg/dl	102.6	102.6	102.6	102.6	102.6	102.6
s <sub>D</sub>	mg/dl	10.7	10.7	10.7	10.7	10.7	10.7
$n_{\overline{D}}$		822	822	-	-	822	822
n		976	976	976	976	976	976
V		0.158	0.158	0.001-0.999	0.001-0.999	0.158	0.158
$b_0$		0.812	0.812	0.812	0.812	0.812	0.812
$b_1$		0.0119	0.0119	0.0119	0.0119	0.0119	0.0119
nu		-	1350	-	1350	-	1350
d <sub>D</sub>		lognormal	lognormal	lognormal	lognormal	lognormal	lognormal
$d_{\overline{D}}$		lognormal	lognormal	lognormal	lognormal	lognormal	lognormal

# Discussion

There is a persistent need to estimate diagnostic measures and their uncertainty, especially concerning screening and diagnostic tests for potentially life-threatening diseases. The COVID-19 pandemic has highlighted this necessity [43–48].

Traditional diagnostic approaches often rely on fixed thresholds, which may overlook certain aspects of disease pathology. While historically influential, these methods may lack the comprehensive perspective required in modern patient-centered medicine. The continuous evolution of disease progression and changing patient demographics further complicate the diagnostic process, challenging the limits of traditional methods. In this context, Bayesian inference emerges as a viable alternative, offering probabilistic assessments tailored to individual patient profiles [4, 49]. Bayes' theorem provides a statistical framework to update the probability estimate of a disease as new information or test results become available, enabling healthcare professionals to refine disease probability estimates based on new data and prior knowledge.

We developed the software tool introduced in this study to facilitate the application of Bayes' theorem in medical diagnosis. It allows for the exploration and comparison of two pairs of Bayesian diagnostic measures for screening or diagnostic tests, assuming parametric distributions of the measurements:

- a) The positive predictive value and the posterior probability for disease and
- b) The negative predictive value and the posterior probability for the absence of disease.

Academic publications that thoroughly explore the statistical distributions of diagnostic test measurements in diseased and nondiseased populations are limited [50]. Therefore, exploratory data analysis and fitting of statistical distributions to diagnostic measurement data may be necessary to apply the software tool effectively [51]. Our previously developed *Bayesian Diagnosis* program may be helpful in this regard [4].

Our choice of parametric distributions was motivated by their broad applicability in modeling medical diagnostic measurements:

# a) Normal distribution

A normal distribution is suited for data symmetric around the mean, indicating minimal skewness. This distribution assumes that data points are equally likely to occur on either side of the mean, forming the well-known bell curve.

#### b) Lognormal distribution

A lognormal distribution is appropriate for modeling positively skewed data, where the logarithm of the variable follows a normal distribution. Defined by a location parameter and a scale parameter of the underlying normal distribution, it can model data that cannot assume negative values and exhibit a long right tail, such as many biological measurements.

#### c) Gamma distribution

The gamma distribution is suitable for data with varying skewness and kurtosis that a lognormal distribution cannot adequately model. It is characterized by a shape parameter and a scale parameter. The flexibility of these parameters allows the gamma distribution to model a wide range of data behaviors, including varying degrees of skewness and kurtosis.

In our illustrative case study, we implemented an empirical Bayesian approach due to several advantages:

#### a) Adaptability

It can adapt to the specific characteristics of the dataset, making it more flexible and applicable to diverse clinical settings.

# b) Robustness

Using empirical data to inform the prior mitigates the risk of bias introduced by subjective prior choices.

#### c) Computational efficiency

Estimating the prior from data reduces the computational burden compared to purely Bayesian methods that require specifying and integrating complex prior distributions.

Estimating the uncertainty inherent in diagnostic measures is a considerable challenge in medical diagnostics [21, 22, 52]. This challenge is particularly pronounced in medical decision-making for potentially life-threatening conditions. Assessing uncertainty is vital for ensuring reliable diagnoses and appropriate clinical interventions. Several notable examples of diagnostic measures where uncertainty estimation is critical include:

a) Cardiac troponin for diagnosing myocardial injury and infarction

Cardiac troponin is a crucial biomarker for diagnosing myocardial injury and infarction [53].

#### b) Natriuretic peptides for diagnosing heart failure

Natriuretic peptides, such as B-type natriuretic peptide (BNP) and N-terminal pro-b-type natriuretic peptide (NT-proBNP), are essential in diagnosing heart failure [54].

#### c) D-dimer for diagnosing thromboembolic events

The measurement of D-dimer levels plays a crucial role in diagnosing thromboembolic events, such as deep vein thrombosis and pulmonary embolism [55].

d) FPG, OGTT, and glycated hemoglobin (HbA1c) for diagnosing diabetes

Diagnosing diabetes relies on measuring blood glucose levels through tests like FPG, OGTT, and HbA1c [42].

# e) OGTT for diagnosing gestational diabetes

OGTT is the standard diagnostic tool for gestational diabetes and is vital for the health of both the mother and the developing fetus [56].

f) Thyroid stimulating hormone (TSH), free serum triiodothyronine (T3), and free serum thyroxine (T4) for diagnosing thyroid dysfunction

Measurement of thyroid function tests, including TSH, free T3, and free T4, is essential for diagnosing thyroid dysfunction [57].

Our software allows the estimation and plotting of the sampling, measurement, and combined uncertainty of Bayesian diagnostic measures and their confidence intervals.

Confidence interval plots serve multiple purposes:

#### a) Precision assessment

They provide insights into the precision of probability estimates at different measurement levels [58].

#### b) Decision-making support

For clinical decision-making, these plots can highlight the measurement thresholds where the

probability for disease shifts significantly, guiding interventions or further testing.

#### c) Epidemiological insights

In epidemiological studies, understanding how disease probability varies across a population's measurement spectrum helps identify risk factors and inform public health strategies.

Quantifying diagnostic uncertainty is imperative in laboratory medicine to define analytical performance specifications, manage quality and risk, and design and implement test accuracy studies [59]. However, despite extensive research on Bayesian diagnosis and uncertainty, their intersection remains relatively unexplored [60, 61].

The illustrative case study aimed to minimize age-related variations in disease prevalence by focusing on individuals aged 70 to 80 years. This focus demonstrates the considerations required in modern diagnostics, where factors such as age, genetics, and lifestyle choices must be accounted for in the diagnostic equation. This case study underscores the substantial impact of combined uncertainty on the diagnostic process, highlighting the predominant role of measurement uncertainty and the challenges in enhancing diagnostic accuracy. Improving the analytical methods of screening and diagnostic tests could enable the medical community to achieve more accurate diagnoses, facilitating more effective and personalized patient care.

A detailed analysis of Figs. 5, 6, 7, 8, 12, 13, 16, and 17 from the illustrative case study reveals several clinical implications:

a) Influence of threshold and prevalence on positive predictive value

The positive predictive value  $P(D|T \ge t)$  is highly influenced by the chosen threshold and the prevalence of diabetes, emphasizing the importance of selecting the appropriate cut-off for accurate diagnosis.

b) Double-threshold pattern in posterior probability

The double-threshold pattern observed in the Bayesian posterior probability P(D|T = t) for diabetes suggests the need to understand the pathological implications of different FPG levels for tailored diagnostic strategies.

c) Variability in confidence intervals at intermediate FPG levels

The variability in confidence intervals of both  $P(D|T \ge t)$  and P(D|T = t) at intermediate FPG levels suggests an increased risk of false positives or

false negatives. This variability could result in unnecessary treatments or missed diagnoses, highlighting the importance of carefully interpreting test results within this range.

d) Significance of threshold selection for negative predictive value

The differing trends in negative predictive value  $P(\overline{D}|T < t)$  highlight the significance of selecting the appropriate threshold for excluding diabetes.

e) Unique behavior of posterior probability for absence of disease

The unique behavior of Bayesian posterior probability  $P(\overline{D}|T = t)$  for the absence of diabetes at lower FPG values, and the variability in its confidence intervals at both lower and higher FPG values impact diagnostic decisions, necessitating careful interpretation.

f) Robustness of negative predictive value Despite the interpretative challenges of  $P(\overline{D}|T < t)$ at lower FPG values, it is generally more robust than  $P(\overline{D}|T = t)$  at higher FPG values.

The tables in Figs. 18 and 19:

- a) Indicate limited concordance between the diabetes classification criteria derived from the OGTT and FPG tests, consistent with findings previously reported in the literature [62, 63].
- b) Show that for FPG and diabetes, the point estimation of each Bayesian posterior probability is substantially less than the respective predictive value.

The discrepancies between FPG and OGTT thresholds for diagnosing diabetes highlight the need for a careful and comprehensive approach in clinical practice. By implementing combined testing strategies, repeat testing protocols, and informed clinical judgment, healthcare providers can improve diagnostic accuracy and patient outcomes. Further research and patient education are also necessary in addressing the challenges posed by the limited concordance between these diagnostic methods and their considerable uncertainty.

Our approach integrates frequentist methods for uncertainty quantification due to their established reliability and ease of implementation in clinical settings. This empirical Bayesian framework allows for the practical application of Bayes' theorem while leveraging the robustness of frequentist techniques for estimating sampling and measurement uncertainty.

Future research should focus on improving the estimations of the uncertainty of Bayesian diagnostic measures of different measurands under a diverse array of clinically and laboratory-relevant parameter settings. Furthermore, the full implementation of Bayesian methods for all aspects of uncertainty quantification could be explored, including utilizing Bayesian hierarchical models [7, 64]. Additionally, applying Bayes' factors to compare the evidence provided by different diagnostic measures represents a promising area for further investigation [65, 66]. These advancements could enhance the robustness and applicability of Bayesian methods in medical diagnostics, overcoming their current limitations [17, 67].

To transition from research to practical application, clinical decision analysis, cost-effectiveness studies, and research on risk assessment and quality of care, including implementing studies, are required [68]. These efforts are essential for addressing the complex issues in diagnostic medicine and developing new and effective strategies to overcome ongoing challenges.

All major general or medical statistical software packages (JASP<sup>®</sup> ver. 0.19.1, Mathematica<sup>®</sup> ver. 14.1, Matlab<sup>®</sup> ver. R2024a, MedCalc® ver. 23.0.2, metRology ver. 1.1-3, NCSS<sup>®</sup> ver. 24.0.3, NIST Uncertainty Machine ver. 1.6.2, OpenBUGS ver. 3.2.3, R ver. 4.4.1, SAS Viya® ver. 2024.09, SPSS® ver. 30.0.0, Stan ver. 2.35, Stata® ver. 19, and UQLab ver. 2.0) include routines for calculating and plotting various diagnostic measures and their confidence intervals. However, the program presented in this work provides 34 types of plots and 16 types of comprehensive tables of the four Bayesian diagnostic measures, their uncertainty, and the associated confidence intervals (Fig. 1), many of which are novel. To the best of our knowledge, neither the programs mentioned above, nor any other software offers this extensive range of plots and tables without requiring advanced statistical programming.

The program complements our previously published tools for exploring diagnostic measures and posterior probability for disease and their uncertainty [4, 21, 22, 69], facilitating their comparison.

# Limitations of the program

This program's limitations, which provide paths for further research, include:

- a) Underlying assumptions
  - a. Existence of "gold standards" in diagnostics: The program assumes the availability of a "gold standard" for disease classification. Without a "gold standard", alternative approaches like latent class models or expert consensus methods may be necessary [70–73].
  - b. Assumption of specific distributions: The tool assumes that the measurements or their transformations follow normal, lognormal, or gamma distributions. While these distributions are often used

in biomedical data, they may not accurately represent the underlying data characteristics. Literature on reference intervals, diagnostic thresholds, and clinical decision limits provides alternative distribution models that could be considered [74–78].

c. Assumption of bimodality: The program generally accepts that the measurements are bimodally distributed, corresponding to diseased and nondiseased populations. However, in some cases, an unimodal distribution might be more appropriate [79, 80].

# b) Approximations used for the estimations

- a. Uncertainty approximation in disease prevalence: The uncertainty associated with a disease's prevalence is approximated using the Agresti–Coulladjusted Wald interval. Although this method is widely used, more accurate techniques are available, especially for small sample sizes or extreme probabilities [81].
- b. Sampling uncertainty approximations: The program approximations of the sampling uncertainty for sample means and standard deviations may be less reliable for small sample sizes or when the data exhibit significant skewness, as is often the case with lognormal and gamma distributions [82, 83].
- c. First-order Taylor series approximations: The program employs first-order Taylor series approximations for uncertainty propagation. While this method simplifies calculations, it may not capture the complexity of uncertainty in nonlinear functions. Higher-order approximations or Monte Carlo simulations could provide more accurate results [24, 84].
- d. Confidence intervals based on the *t*-distribution: Confidence intervals are derived using the *t*-distribution, which, despite the high relative uncertainty [85], is a practical choice in selected scenarios, particularly in metrology [7, 17, 67, 86]. Alternatives like credible intervals in a Bayesian framework could provide more accurate uncertainty quantification of nonlinear functions, especially for small samples.
- e. Truncation to the [0,1] range: Truncation of the estimated standard uncertainty and the confidence intervals to the [0,1] range is implemented since probabilities cannot logically assume values less than zero or greater than one. However, this approach may distort the uncertainty representation. Quantile-derived credible intervals inherently avoid truncation by constructing intervals within the [0, 1] range.

While addressing these limitations would considerably increase computational complexity, they represent critical areas for future enhancement [84, 87]. We should, however, keep in mind that "all models will be based on assumptions and can only approach complex reality" [88], as "all models are wrong, but some models are useful" [89].

#### Limitations of the case study

The primary limitations of the case study are:

- a) Dependence on the OGTT as the reference method for diagnosing diabetes mellitus, despite various factors affecting glucose tolerance [90–98].
- b) Approximation of the FPG measurements distributions from NHANES datasets by lognormal distributions.
- c) The implied assumption of simple random sampling.

# Conclusion

*Bayesian Diagnostic Insights* provides modules for estimating, visualizing, and comparing Bayesian diagnostic measures, including their associated uncertainty. Exploring the uncertainty of disease probability estimates can assist in the clinical decision-making process. The illustrative case study using FPG for diabetes diagnosis demonstrates the impact of measurement uncertainty on diagnostic measures, highlighting its relevance in clinical and laboratory practices. While the software offers a framework for applying Bayes' theorem in medical diagnostics, further research is needed to fully assess its utility in diagnosing various health conditions.

# **Appendix A**

- A.1. Notation
  - A.1.1. Acronyms
  - CDF: cumulative distribution function
  - PDF: probability density function
  - FPG: fasting plasma glucose
  - OGTT: oral glucose tolerance test
  - QC: quality control

NHANES: National Health and Nutrition Examination Survey

- A.1.2. Abbreviations
- D: disease
- $\overline{D}$ : absence of disease
- *T*: diagnostic test result
- A.1.3. Parameters
- *t*: diagnostic threshold
- $\mu_D$ : mean of the measurements of the diseased population

 $\sigma_D$ : standard deviation of the measurements of the diseased population

 $d_D$ : distribution of the measurements of the diseased population

 $\mu_{\overline{D}}$  : mean of the measurements of the nondiseased population

 $\sigma_{\overline{D}}$  : standard deviation of the measurements of the nondiseased population

 $d_{\overline{D}}$ : distribution of the measurements of the nondiseased population

 $n_D$ : size of the diseased population sample

 $m_D$ : mean of the measurements of the diseased population sample

 $s_D$ : standard deviation of the measurements of the diseased population sample

 $n_{\overline{D}}$ : size of the nondiseased population sample

 $m_{\overline{D}}$ : mean of the measurements of the nondiseased population sample

 $s_{\overline{D}}$ : standard deviation of the measurements of the nondiseased population sample

v: prior probability for disease or prevalence rate

 $n_U$ : number of QC measurements

 $b_0$ : constant contribution to measurement uncertainty  $b_1$ : measurement uncertainty proportionality constant *p*: confidence level

 $\theta$ : Parameter vector

A.1.4. Bayesian Diagnostic Measures

P(D|T > t): positive predictive value

 $P(\overline{D}|T < t)$ : negative predictive value

P(D|T = t): posterior probability for disease

 $P(\overline{D}|T = t)$ : posterior probability for the absence of

A.1.5. Functions

f(x): probability density function

F(x): cumulative distribution function

 $u_m(x)$ : standard measurement uncertainty

 $u_s(x)$ : standard sampling uncertainty

 $l^{u_{c}}(x)$ : standard combined uncertainty

 $t:maximum(0,minimum(m_{\overline{D}}-5s_{\overline{D}},m_D-5s_{\overline{D}}))$ 

$$- maximum(m_{\overline{D}} + 5s_{\overline{D}}, m_D + 5s_{\overline{D}})$$

 $n_D: 2 - 10,000$  $m_D: 0.1 - 10,000$  $s_D: 0.01 - 1,000$  $n_{\overline{D}}: 2 - 10,000$  $m_{\overline{D}}: 0.1 - 10,000$  $s_{\overline{D}}: 0.01 - 1,000$ v: 0.001 - 0.999

disease

 $l_{v_{eff}}(x)$ : effective degrees of freedom

inf(f): lower bound of f

```
sup(f): upper bound of f
```

A.2. Input

A.2.1. Range of input parameters

 $n_{II}: 20 - 10,000$ 

 $b_0: 0 - \sigma_{\overline{D}}$ 

 $b_1: 0 - 0.1000$ 

p: 0.900 - 0.999

*t*, *m*<sub>D</sub>, *s*<sub>D</sub>, *m*<sub> $\overline{D}$ </sub>, and *s*<sub> $\overline{D}$ </sub> are defined in arbitrary units.

A.2.2. Additional input options

A.2.2.1. Plots

Users can select between an extended and limited plot range.

A.2.2.2.2. Tables

Users can define the number of decimal digits for results, ranging from 1 to 10.

A.3. Software availability and requirements

**Program name:** Bayesian Diagnostic Insights Version: 2.1.0

Project home page:https://www.hcsl.com/Tools/Bayes ianDiagnosticInsights/ (accessed on October 4, 2024)

Program source: BayesianDiagnosticInsights.nb. Available at: https://www.hcsl.com/Tools/BayesianDiagnos ticInsights/BayesianDiagnosticInsights.nb (accessed on October 4, 2024).

Operating systems: Microsoft Windows 10+, Linux 3.15+, Apple macOS 11+

Programming language: Wolfram Language

Other software requirements: To run the program and read the BayesianDiagnosticInsightsCalculations.nb file Wolfram Player<sup>®</sup> ver. 14.0+ is required, freely available at https://www.wolfram.com/player/ (accessed on September 23, 2024) or Wolfram Mathematica<sup>®</sup> ver. 14.0+.

System requirements:  $Intel^{\mathbb{R}}$  i9<sup>TM</sup> or equivalent CPU and 32 GB of RAM

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A.4. A note about the program controls

The program features an intuitive tabbed user interface to streamline user interaction and facilitate effortless navigation across multiple modules and submodules.

Users may define the numerical settings with menus or sliders. Sliders are finely manipulated by pressing the *alt* or *opt* key while dragging the mouse. Pressing the *shift* or ctrl keys can even more finely manipulate them.

Dragging with the mouse while pressing the *ctrl, alt,* or opt keys zooms plots in or out. When the mouse cursor is positioned over a point on a curve in a plot, the coordinates of that point are displayed, and vertical drop lines are drawn to the respective axes.

#### Supplementary Information

The online version contains supplementary material available at https://doi. org/10.1186/s12911-024-02721-x.

Supplementary Material 1.

#### Acknowledgements

#### Institutional review board statement

Data collection was carried out following the rules of the Declaration of Helsinki. The National Center for Health Statistics Ethics Review Board approved data collection and posting of the data online for public use. The National Center for Health Statistics NHANES—NCHS Research Ethics Review Board Approval (Protocols #2005-06 and #2011-17) is available online at: https:// www.cdc.gov/nchs/nhanes/irba98.htm (accessed on May 18, 2024).

#### Informed consent statement

Written consent was obtained from each subject participating in the survey.

#### Authors' contributions

Conceptualization: T.C.; methodology: T.C. and A.T.H.; software: T.C. and A.T.H.; validation: T.C.; formal analysis: T.C. and A.T.H.; investigation: T.C.; resources: A.T.H.; data curation: T.C.; writing—original draft preparation: T.C.; writing—review and editing A.T.H.; visualization: T.C.; supervision: A.T.H.; project administration: T.C. All authors reviewed the manuscript.

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#### Data availability

The data presented in this study are available at https://www.n.cdc.gov/nchs/ nhanes/default.aspx (accessed on 18 May 2024).

#### Declarations

#### **Consent for publication**

Not applicable.

#### Competing interests

The authors declare no competing interests.

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